**SELF EXPLORATION GRID**

|  |  |
| --- | --- |
| **My most prominent skills**  Use the list on p. 16 as you complete this part. Min. 0 and max. 3 skills in each box. You do not have to fill every box. Only do so if you feel skilled in that area. | |
| **Communication** | **Information Management** |
| **Organization Management** | **Design & Planning** |
| **Research & Investigation** | **Human Service** |
| **Technical/Physical** | |
| **My values**  Use the list on p. 18 as you complete this part. Min. 0 and max. 3 values in each box. You do not have to fill every box. Only do so if you feel strongly in that area. | |
| **Intrinsic and Personal Values** | **Work Content** |
| **Relationships** | **Work Environment** |
| **My personality**  Use the list on p. 19 to as you complete this part. Choose 5 adjectives that describe you best. Think well! | |
|  | |