

#### **GENDER**



#### Gender

- sex: male and female
- gender: masculine and feminine
- gender typing: categorizing things, activities, people as masculine and feminine.







- beliefs about the personal attributes of males and females
- TV, movies, ads, pop music convey messages about gender stereotypes
  - can you come up with examples?

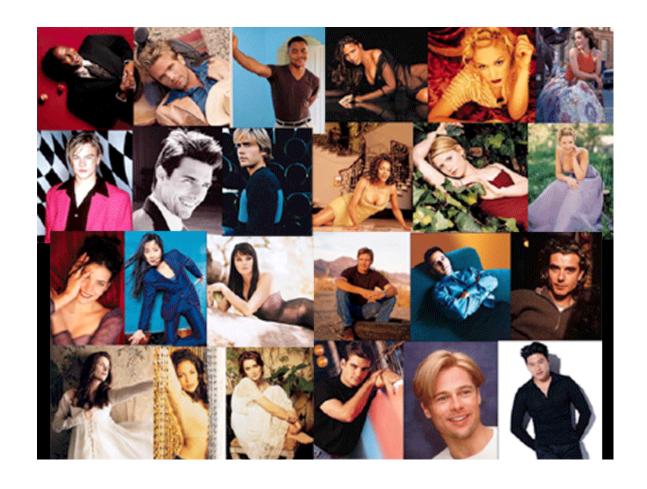
- "Boys don't wear pink they wear blue"
- "Boys play and love sports"
- "Boys should not cry when beaten up or hurt"
- "Girls should be lady-like"
- "Girls should know how to cook and clean"
- "Women can't make rational or practical decisions. They are too emotional"
- "He is a man he will marry again"
- "She is a woman, she cannot leave her children and marry again"
- "A real man should be tall, and broad shouldered"
- "A real woman has to be beautiful"

Parents begin the socialization process for children.

It all starts with how boys and girls should behave

- Men experts, women subordinates
- Men in wide variety of roles / activities,
   women in domestic / family roles
- Men active, assertive, influential
- Females underrepresented
- Take a look at this example





face-ism: emphasizing men's faces and women's bodies

1997 People Magazine "Most Beautiful People"

## Media Images

- In typical male pictures almost 2/3 devoted to face, in female pictures less than ½
- From Hong Kong to Kenya in 11 countries face-ism tendency occurs
- Ads in popular magazines more likely to emphasize women's buttocks, legs, stomach, shoulders, or back
- More face shots of male guests' and body shots of female guests on TV shows
- Perhaps reinforce the automatic idea of men as thinkers and women as sex objects

- <u>cultural stereotypes</u>: societal images of members of a social group.
  - e.g., mass media, religion, art, literature
- personal stereotypes: own beliefs about typical attributes of groups of people

- Typical Woman
  - Gentle
  - Cries easily
  - Tactful
  - Religious
  - Needs security
  - Dependent
  - Interested in own appearance

- Typical Man
  - Aggressive
  - Unemotional
  - Ambitious
  - Objective
  - Self-confident
  - Independent
  - Dominant

Women: communication, connection, and relationships

Men: independence, power, and accomplishment

- gender subtypes: images of different subgroups of males and females.
- women: mothers, beauty queens, feminists, sluts, career women, tomboys
- men: fathers, businessmen, jocks, sissies, chauvinists, nerds

## Gender Stereotypes: When?

Determinants: On the basis of stereotypes or as unique individuals?

- Amount of information besides gender
  - e.g. baby video
- Salience of gender
  - gender stands out as a prominent characteristic
     e.g., solo member in a group
- Power and stereotyping
  - subordinates vs. dominants in social roles

#### The Dangers of Stereotypes

- May be inaccurate, and these inaccurate beliefs may be used to justify discrimination.
- Exaggerates differences between groups & minimizes differences within.
- Creates self-fulfilling prophecies.
- Can bias the evaluation of people at work or at school.

## **Evaluating Performance**

- Goldberg (1968) experiment.
- Women read an essay by: John T. McKay vs. Joan T. McKay
- Evaluated better if written by a man
- 1. BUT: sex-typing of the task is important
- 28% of females discouraged for masculine jobs
- 44% of males for feminine jobs





# **Evaluating Performance**

- 2. Amount of information about the person is also important
  - Evaluating a manager based on letters, memos,
     etc written by John Griffin or Joan Griffin: No diff.
  - Karen vs. Brian Miller: In hiring, prefer Brian. In promotion, no preference.
- 3. Actual size of bias may be small

## **Evaluating Performance**

- Men managers => women workers as less skilled, motivated, able to cope with stress
- Women managers => more negative ratings:
  - adopt a task-oriented and directive leadership style
  - traditionally masculine job
  - when evaluated by men
- Male's success at work and school tends to be attributed to ability; female's to effort.

- gender identity is our sense of ourselves as male or female
- by 2 or 3, children identify own sex.
- by 4 or 5, children correctly label others.
- by 6 or 7, children develop gender constancy,
   the idea that gender is unchangeable.
- see example

- what if we don't feel we neatly 'fit' into a category?
- See <u>this video</u>, for example
- <u>transsexual</u>: discrepancy between biological sex and mental gender identity.
- heterosexual cross-dressers, feeling both male and female, and other rigid gender rules...
- people differ in the extent to which they perceive themselves with gender-stereotypical attributes
  - psychological masculinity & femininity

 Early tests viewed masculinity and femininity as mutually exclusive polar opposites:

Feminine......Masculine

- Tests use a forced choice format:
  - Do you prefer showers or bathtub?
  - Would you work as a building contractor or a librarian?

- What if you:
  - enjoy both carpentry and cooking?
  - are both assertive at work and nurturing at home?

Bem's research: independent dimensions

High Masculinity

Low Femininity

Undifferentiated Feminine

High Femininity

Low Masculinity

#### Congruence Model:

- adjustment is best when gender matches self-concept
- boys & men should be masculine and girls & women should be feminine

#### Androgyny Model:

- androgynous people are best off
- higher in <u>behavioral flexibility</u>
  - M & A: better to resist conformity, succeed in army, positive feedback
  - F & A: better for playing with baby, talking to a transfer student new to college

- Current research in psychological masculinity and femininity views them as multi-faceted
  - Masculinity --- "agency" or "instrumentality" (active, self-confident, decisive)
  - Femininity --- "communion" or
     "expressivity" (emotional, kind, and helpful to others)
- Both sets of attributes have both socially desirable and undesirable aspects.
  - Extremity on either dimension is correlated with health problems

#### 1. Biology

- obvious physical differences,
- hormones,
- evolutionary pressures... contribute

#### BUT:

 social forces and nature of group living can modify basic biological dispositions

#### 2. Socialization

- children learn about gender and sexappropriate behavior
- parents, peers, media contribute to socialization
- different experiences --> different attitudes, interests, skills, personalities...

- 3. Social roles: people's behavior strongly influenced by social roles
- social roles that males and females typically occupy are different
- different expectations from males and females (associated with these roles)
  - e.g., assuming men as confident leaders and women as supportive followers
  - e.g., single fathers with kids < 13</li>e.g., Luo people in Kenya

#### 4. Social situations

- m & w equal in <u>potential</u> for different social behaviors
- situational context and personal choice determine differences
  - e.g., act of a male w/ male friends or girlfriend
- desire to be accepted --> more or less genderstereotypical ways
- In summary, causes of sex differences are complex and multi-faceted!

Meta-analysis: technique for integrating many studies to estimate size of sex differences

#### **COMPARING WOMEN AND MEN**

#### 1. Aggression:

- M > F as children and adults
  - more so for physical aggression
  - more so for naturalistic rather than lab
  - more so when no clear provocation
- Why?
  - Society more tolerant of aggression in males
  - females more concerned about consequences

#### 2. Conformity

- stereotypes: W more gullible, yielding, conforming
- small difference but statistically significant
   difference: W > M
- results are inconsistent from study to study
- gender-typing of the task and measure of conformity also important
- people in power (more likely to be male), less likely to be influenced

#### 3. Non-verbal communication

- W more skilled at decoding nonverbal cues
- reading faces > body cues > vocal cues
- also better at recognizing faces
- why?
  - genetic programming (infants)
  - training
  - relationship motivation
  - power difference (subordination hypothesis)

#### 4. Sexuality

- W: partner-centered / relational orientation to sex
- M: body-centered / recreational orientation to sex
  - M more permissive in attitudes towards
    - casual, premarital, extramarital sex
  - reasons for having sex in relationships:
    - W emphasize desire for intimacy, goal is expressing affection
    - M emphasize sexual variety, goal is physical gratification
  - male sex-drive stronger

#### 5. Personal entitlement

- e.g., men expect to earn 10% more than women
- for same prestige, seniority, and other dimensions for a full time job, W consistently paid less
  - "paradox of the contented female worker"
- personal entitlement: what a person believes he or she deserves from a job or relationship
- for identical contributions, men expect more benefits than women

## Sex Differences in Perspective

- There is much individual variation that contributes to these average differences
- Differences may be changeable through learning
- At the level of basic abilities & motivations, gender differences are virtually nonexistent
- The daily lives of men and women are often very different.