

Angular Momentum

$$\vec{\omega} = \vec{r} \times \vec{\dot{r}} = \vec{r} \times \frac{d\vec{p}}{dt} = \frac{d}{dt} (\vec{r} \times \vec{p}) - \frac{d\vec{r}}{dt} \times \vec{p}$$

$$\text{Since } \vec{p} = m \frac{d\vec{r}}{dt} \parallel \frac{d\vec{r}}{dt}, \quad \frac{d\vec{r}}{dt} \times \vec{p} = 0$$

Hence

$$\vec{\omega} = \frac{d}{dt} (\vec{r} \times \vec{p}) = \frac{d}{dt} \vec{L}$$

where

$\vec{L} = \vec{r} \times \vec{p}$
is called the angular momentum

Angular Momentum

$\vec{L} = \vec{r} \times \vec{p}$ is the angular momentum of a point object at position \vec{r} and that has momentum \vec{p} .

For an extended object

$$\vec{L} = \sum \vec{r}_i \times \vec{p}_i = \sum \vec{r}_i \times (m_i \vec{v}_i)$$

$$= \sum \vec{r}_i \times (\vec{\omega} \times \vec{r}_i) m_i$$

$$\vec{L} = \int dV \rho(\vec{r}) \vec{r} \times (\vec{\omega} \times \vec{r})$$

$$\vec{L} = \int dV \rho \vec{r} \times (\vec{\omega} \times \vec{r})$$

Using

$$\vec{A} \times (\vec{B} \times \vec{C}) = \vec{B}(\vec{A} \cdot \vec{C}) - \vec{C}(\vec{A} \cdot \vec{B})$$

$$\vec{L} = \int dV \rho [\vec{\omega} r^2 - \vec{r}(\vec{\omega} \cdot \vec{r})]$$

Choose z-axis to be in the $\vec{\omega}$ direction

$$\vec{\omega} = \omega \hat{z}$$

$$\begin{aligned} \vec{L} &= \int dV \rho \omega \hat{z} [r^2 - z^2] - \int dV \rho z (x \hat{x} + y \hat{y}) \omega \\ &= I \vec{\omega} - \omega \int dV \rho x z \hat{x} - \int dV \rho y z \hat{y} \omega \end{aligned}$$

In general $\vec{L} \neq I \vec{\omega}$

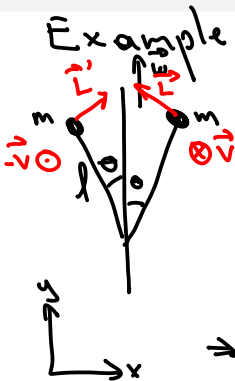
Angular Momentum

$\vec{\alpha} = \dot{\vec{\omega}}$ is valid for objects
of sufficient symmetry

$$\vec{\alpha} = \frac{d\vec{\omega}}{dt}$$

is valid in general

Angular Momentum



$$|\vec{L}| = |\vec{L}'| = lmv$$

$$\vec{L} = lmv [-\cos\theta \hat{x} + \sin\theta \hat{y}]$$

$$\vec{L}' = lmv [\cos\theta \hat{x} + \sin\theta \hat{y}]$$

$$\vec{L}_T = \vec{L} + \vec{L}' = 2lmv \sin\theta \hat{y}$$

$$|\vec{v}| = \omega R = \omega l \sin\theta$$

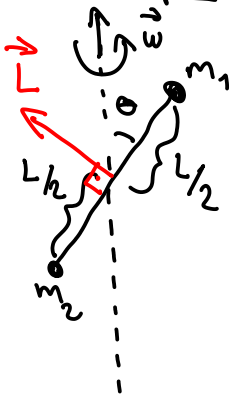
$$\Rightarrow \vec{L}_T = 2lm \sin\theta \omega l \sin\theta \hat{y}$$

$$= 2m (l \sin\theta)^2 \omega \hat{y}$$

$$\vec{L}_T = I \vec{\omega}$$

Angular Momentum

Example

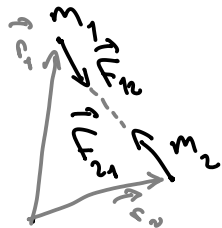


Mass m_1 & m_2 rotate
around the z -axis

$$\vec{\omega} \parallel \hat{z}$$

But angular momentum
is perpendicular to
the line connecting the
two masses.

Conservation of Angular Momentum



Two masses exert forces on each other. Then

$$\vec{L}_1 = \vec{r}_1 \times \vec{F}_{12} \quad \vec{L}_2 = \vec{r}_2 \times \vec{F}_{21}$$
$$\vec{L} = \vec{L}_1 + \vec{L}_2 = (\vec{r}_1 - \vec{r}_2) \times \vec{F}_{12}$$

Since $\vec{F}_{12} \parallel (\vec{r}_1 - \vec{r}_2)$

$$\vec{L} = 0$$

The angular momentum of the whole system is conserved.

Conservation of Angular Momentum

If there are external forces

$$\vec{\tau}_{\text{ext}} = \sum_i \vec{r}_i \times \vec{F}_i^{\text{ext}}$$

Hence

$$\frac{d\vec{L}}{dt} = \vec{\tau}_{\text{ext}} \iff \frac{d\vec{P}_{\text{CM}}}{dt} = \vec{F}_{\text{ext}}$$

Conservation of Angular Momentum

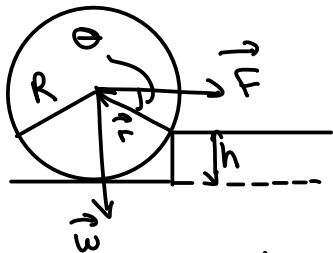
Previous derivations valid only for fixed axes.

Also valid for angular momentum around CM:

$$\frac{d\vec{L}_{CM}}{dt} = \vec{\tau}_{CM}$$

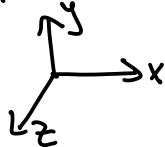
where \vec{L}_{CM} & $\vec{\tau}_{CM}$ are calculated with respect to the CM.

Examples



What is the minimum F necessary to roll the sphere up the step?

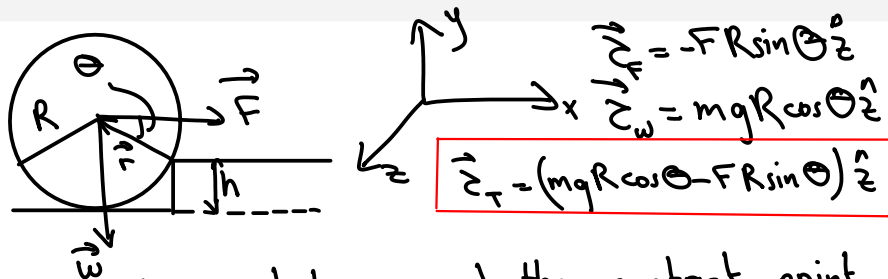
Choose coordinate axis:



$$\vec{W} = mg(-\hat{y})$$

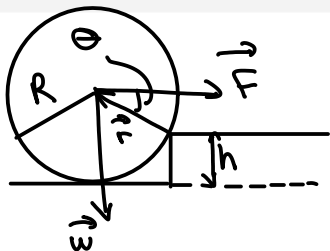
$$\vec{W} = FR \sin(\alpha - \theta) (-\hat{z}) = -FR \sin \theta \hat{z}$$

$$\vec{W} = Rmg \sin\left(\frac{\pi}{2} + \theta\right) \hat{z} = mgR \cos \theta \hat{z}$$

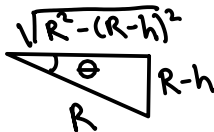


If the sphere rotates around the contact point, it should obtain an angular velocity in the $-\hat{z}$ direction. Hence $\vec{\tau}_T$ should create an angular acceleration in the $-\hat{z}$ direction.

$$mgR \cos \theta - FR \sin \theta \leq 0 \Rightarrow F \geq \frac{mg \cos \theta}{\sin \theta}$$



$$F \geq \frac{mg \cos \theta}{\sin \theta}$$

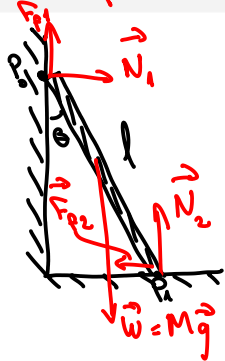


$$F \geq mg \frac{\sqrt{R^2 - (R-h)^2}}{R-h}$$

Question:

if $h = R$, $F \rightarrow \infty$. does this make sense?

Examples: Rod leaning on a wall



Torques with respect to P_0 & P_1 should be zero:

$$P_0: -Mg \frac{l}{2} \sin \theta + N_2 l \sin \theta - F_{f2} \sin \left(\frac{\pi}{2} + \theta \right) = 0$$

$$P_1: Mg \frac{l}{2} \sin \left(\frac{\pi}{2} + \theta \right) - N_1 l \sin \left(\frac{\pi}{2} + \theta \right) - F_{f1} \sin (\theta) = 0$$

Net force should be zero:

$$N_1 = F_{f2}$$

$$N_2 + F_{f1} = Mg$$

We have four equations for 4 unknowns:

F_{f1} , F_{f2} , N_1 , N_2
they can be solved.